



## PACKAGE 5 (\$500 nett)

- Complete Medical Examination
  - Personal/ Family Medical History
  - Height/ Weight/ Body Mass Index
  - Blood Pressure and Heart Rate Assessment
  - Vision Acuity & Color Vision
  - 12 Lead Electrocardiogram
  - Medical Report
  - Medical Review by Doctor
  - Blood test
1. **Hematology:** Full Blood Count, PBF, ESR
  2. **Lipid/ Cardiac Risk Profile:** Total Cholesterol, Cholesterol HDL, Cholesterol LDL, Cholesterol Total/ HDL Ratio, Creatine Kinase (CK) and Triglycerides, Wt C-Reactive Protein (wr-CRP)
  3. **Diabetic Panel:** Glucose (Fasting) & HBA1C
  4. **Kidney Function Test:** Urea, Creatinine, Sodium, Potassium, Chloride, Bicarbonate, eGFR
  5. **Bone/ Joint Profile:** Uric Acid, Calcium, Phosphate
  6. **Liver function Test:** Total Bilirubin, Indirect Bilirubin/ Direct Bilirubin, Protein, Albumin, Globulin, A/G Ratio, ALT/SGPT, AST/SGOT, Alkaline Phosphatase, GGT
  7. **Hepatitis Profile:** Hep Bs Antigen, Hep Bs Antibody
  8. **Thyroid Profile:** Free T4 (FT4), Thyroid Stimulating Hormone (TSH)
  9. **Venereal Disease Screening:** VD Screen (Syphilis TP AB Screen), VDRL(RPR) & TPHA (if Syphilis TP Ab positive)
  10. **Urine analysis (Urine FEME)**
    - **Choose any 2 of the following tests:**

|  |   |   |
|--|---|---|
| <input type="checkbox"/> Chest X-Ray                                     | <input type="checkbox"/> HIV antibody                           | <input type="checkbox"/> Stool Occult Blood (Immunology)      |
| <input type="checkbox"/> Helicobacter Pylori Antibody                    |   | <input type="checkbox"/> AFP (Cancer Marker for Liver)        |
| <input type="checkbox"/> CEA (Cancer Marker for Colon)                   |   | <input type="checkbox"/> CA125 (Cancer Marker for Ovary)      |
| <input type="checkbox"/> CA 15.3 (Cancer Marker for Breast)              |   | <input type="checkbox"/> CA 19.9 (Cancer Marker for Pancreas) |
| <input type="checkbox"/> Beta HCG (Cancer Marker for Germ cell tumor)    | <input type="checkbox"/> PSA Total (Cancer Marker for Prostate) |   |
| <input type="checkbox"/> EBV ECA + EBV EA + IgA (Cancer Marker for Nose) |   |   |
    - AND**
    - **Choose any 2 of the following tests:**

|   |   |   |
|---|---|---|
| <input type="checkbox"/> BMD Scan – Bone Mineral Densitometry Scan (AP Spine & Hip) | <input type="checkbox"/> US Thyroid         | <input type="checkbox"/> US Hepatobiliary |
| <input type="checkbox"/> BCA Scan – Body Composition Analysis Scan                  | <input type="checkbox"/> US Breast          | <input type="checkbox"/> US Prostate      |
| <input type="checkbox"/> US Kidney  | <input type="checkbox"/> US Urinary Bladder |   |
| <input type="checkbox"/> Total Vitamin D Level                                      |   |   |
    - OR**
    - **Choose any 1 of the following tests:**

|  |  |
|--|--|
| <input type="checkbox"/> Treadmill Exercise Test                         | <input type="checkbox"/> US Abdomen                    |
| <input type="checkbox"/> 3D Mammogram (for woman 40 years old and above) |  |
| <input type="checkbox"/> Thin Prep and HPV DNA                           | <input type="checkbox"/> Echocardiogram                |
| <input type="checkbox"/> UBT – Urea Breath Test                          | <input type="checkbox"/> CT Cardiac Calcium Score Scan |
| <input type="checkbox"/> MRI Liver Fat Quantification Scan               |  |